

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2023

		<p>1</p> <p>10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks &amp; Talks</p>	<p>2</p> <p>10:00 Music with Donna 11:00 Sensory &amp; 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce</p>	<p>3</p> <p>10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music &amp; Memories 3:30 Music with Christy</p>	<p>4</p> <p>10:00 Science &amp; Nature 11:00 1:1 Get to Know You 1:30 Music with Linda 2:45 1:1 &amp; Sensory</p>	<p>5</p> <p>10:00 Big Screen Concert 11:00 Sensory &amp; 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks</p>
<p>6</p> <p>10:00 Short Film 11:00 Hangouts &amp; Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks</p>	<p>7</p> <p>10:30 Sensory &amp; 1:1 Visits 11:00 Big Screen Arts &amp; Culture 2:30 Creating Music with Linda 3:30 Walks and Talks</p>	<p>8</p> <p>10:30 Fitness with Rosemary 1:30 Music with Avril &amp; Ron 3:00 Walks &amp; Talks</p>	<p>9</p> <p>10:00 Music with Donna 11:00 Sensory &amp; 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce</p>	<p>10</p> <p>10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music &amp; Memories 3:00 Big Screen Movie</p>	<p>11</p> <p>10:00 Science &amp; Nature 11:00 1:1 Get to Know You 1:30 Music with Linda 2:45 1:1 &amp; Sensory</p>	<p>12</p> <p>10:00 Big Screen Concert 11:00 Sensory &amp; 1:1 visits 1:30 Music with Barb &amp; Kevin 3:00 Walks and Talks</p>
<p>13</p> <p>10:00 Short Film 11:00 Hangouts &amp; Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks</p>	<p>14</p> <p>10:30 Sensory &amp; 1:1 Visits 11:00 Anglican Church Hymn Sing 2:30 Creating Music with Linda 3:30 Walks and Talks</p>	<p>15</p> <p>10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks &amp; Talks</p>	<p>16</p> <p>10:00 Music with Donna 11:00 Sensory &amp; 1:1 visits 1:30 Art with Heidi (IVL) 3:30 Jammin with John</p>	<p>17</p> <p>10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music &amp; Memories 3:00 Big Screen Movie</p>	<p>18</p> <p>10:00 Science &amp; Nature 11:00 1:1 Get to Know You 1:30 Music with Linda 2:45 1:1 &amp; Sensory</p>	<p>19</p> <p>10:00 Big Screen Concert 11:00 Sensory &amp; 1:1 visits 1:30 Songs with Chris &amp; Annie 3:00 Walks and Talks</p>
<p>20</p> <p>10:00 Short Film 11:00 Hangouts &amp; Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks</p>	<p>21</p> <p>10:30 Sensory &amp; 1:1 Visits 11:00 Big Screen Arts &amp; Culture 2:30 Creating Music with Linda 3:30 Walks and Talks</p>	<p>22</p> <p>10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks &amp; Talks</p>	<p>23</p> <p>10:00 Music with Donna 11:00 Sensory &amp; 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce</p>	<p>24</p> <p>10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music &amp; Memories 3:00 Big Screen Movie</p>	<p>25</p> <p>10:00 Science &amp; Nature 1:30 Music with Linda 2:30 Residents Council Meeting 2:45 Monthly Birthday Cake</p>	<p>26</p> <p>10:00 Big Screen Concert 11:00 Sensory &amp; 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks</p>
<p>27</p> <p>10:00 Short Film 11:00 Hangouts &amp; Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks</p>	<p>28</p> <p>10:30 Sensory &amp; 1:1 Visits 11:00 Big Screen Arts &amp; Culture 2:30 Creating Music with Linda 3:30 Walks and Talks</p>	<p>29</p> <p>10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks &amp; Talks</p>	<p>30</p> <p>10:00 Music with Donna 11:00 Sensory &amp; 1:1 visits 1:30 Art with Heidi (IVL) 1:30 Ice Cream Time 3:00 Read, Walk,</p>	<p>31</p> <p>10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music &amp; Memories 3:00 Big Screen Movie</p>		