

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

						1 10:00 Science & Nature 11:00 1:1 Get to Know You 1:30 Arm Chair Travel 3:00 Sensory & 1:1	2 10:00 Big Screen Concert 11:00 Sensory & 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks
3 10:00 Short Film 11:00 Hangouts & Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks	4 10:30 Sensory & 1:1 Visits 11:00 Big Screen Arts & Culture 1:30 Walks & Talks 3:00 Jammin with John <i>Labor Day</i>	5 10:30 Fitness with Rosemary 1:30 Live Music with Avril & Ron 3:00 Walks & Talks	6 10:00 Music with Donna 11:00 Sensory & 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce	7 10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music & Memories 3:30 Music with Christy	8 10:00 Science & Nature 11:00 1:1 Get to Know You 1:30 Arm Chair Travel 3:00 Sensory & 1:1	9 10:00 Big Screen Concert 11:00 Sensory & 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks	
10 10:00 Short Film 11:00 Hangouts & Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks <i>Grandparents Day</i>	11 10:30 Sensory & 1:1 Visits 11:00 Anglican Church Hymn Sing 1:30 Walks & Talks 3:00 Jammin with John	12 10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks & Talks	13 10:00 Music with Donna 11:00 Sensory & 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce	14 10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music & Memories 3:00 Big Screen Movie	15 10:00 Science & Nature 11:00 1:1 Get to Know You 1:30 Arm Chair Travel 3:00 Sensory & 1:1 <i>Rosh Hashanah Begins</i>	16 10:00 Big Screen Concert 11:00 Sensory & 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks <i>Oktoberfest Begins</i>	
17 10:00 Short Film 11:00 Hangouts & Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks	18 10:30 Sensory & 1:1 Visits 11:00 Big Screen Arts & Culture 1:30 Music Program 3:30 Walks & Talks	19 10:30 Fitness with Rosemary 1:30 Live Music with Avril & Ron 3:00 Walks & Talks	20 10:00 Music with Donna 11:00 Sensory & 1:1 visits 1:30 Art with Heidi (IVL) 3:30 Jammin with John	21 10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music & Memories 3:00 Big Screen Movie	22 10:00 Science & Nature 11:00 1:1 Get to Know You 1:30 Arm Chair Travel 3:00 Sensory & 1:1	23 10:00 Big Screen Concert 11:00 Sensory & 1:1 visits 1:30 Songs with Annie & Chris 3:00 Walks and Talks <i>Autumn Begins</i>	
24 10:00 Short Film 11:00 Hangouts & Walk-about 1:30 Lift Your Spirits 3:00 Walks and Talks <i>Yom Kippur</i>	25 10:30 Sensory & 1:1 Visits 11:00 Big Screen Arts & Culture 1:30 Walks & Talks 3:00 Jammin with John	26 10:30 Fitness with Rosemary 1:30 Cranium Crunches 3:00 Walks & Talks	27 10:00 Music with Donna 11:00 Sensory & 1:1 visits 1:30 Art with Heidi (IVL) 3:00 Read, Walk, Reminisce	28 10:30 Fitness with Rosemary 11:00 1:1 Get to Know You 1:30 Music & Memories 3:00 Big Screen Movie	29 10:00 Science & Nature 1:30 Arm Chair Travel 2:30 Residents Council Meeting 2:45 Monthly Birthday Cake <i>Sukkot Begins</i>	30 10:00 Big Screen Concert 11:00 Sensory & 1:1 visits 1:30 Boredom Busters 3:00 Walks and Talks	