

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE 2024						1 10:00 Coffee with Friends 2:00 BINGO!
2 10:00 Coffee with Friends 11:15 Seated Tai chi with Viv 2:00 Movie or Mini Series	3 10:00 Coffee with Friends 1:30 Music with Kai	4 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Folk 'n Rock Tunes with Avril & Ron	5 10:00 Coffee with Friends 2:00 BINGO!	6 10:00 Coffee with Friends 1:30 Activity with Heidi	7 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Games with Jasmine	8 10:00 Coffee with Friends 2:00 BINGO!
9 10:00 Coffee with Friends 11:15 Seated Tai chi with Viv 2:00 Movie or Mini Series	10 10:00 Coffee with Friends 1:30 Music with Kai	11 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Women of Note Perform <small>Shavuot Begins</small>	12 10:00 Coffee with Friends 1:30 Arm Chair travel "Special Guest Traveller"	13 10:00 Coffee with Friends 1:30 Activity with Heidi	14 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Games with Jasmine 2:30 Father's Day Special Donuts for Dad <small>Flag Day (US)</small>	15 10:00 Coffee with Friends 2:00 BINGO!
16 10:00 Coffee with Friends 11:15 Seated Tai chi with Viv 2:00 Movie or Mini Series <small>Father's Day</small>	17 10:00 Coffee with Friends 1:30 Music with Kai	18 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Folk 'n Rock Tunes with Avril & Ron	19 10:00 Coffee with Friends 2:00 BINGO!	20 10:00 Coffee with Friends 1:30 Activity with Heidi <small>Summer Begins</small>	21 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Games with Jasmine	22 10:00 Coffee with Friends 2:00 BINGO!
23 10:00 Coffee with Friends 11:15 Seated Tai chi with Viv 2:00 Movie or Mini Series	24 10:00 Coffee with Friends 11:00 Residents Council Meeting 1:30 Music with Kai	25 10:00 Coffee with Friends 11:00 Fitness with Viv	26 10:00 Coffee with Friends 2:00 BINGO!	27 10:00 Coffee with Friends 1:30 Activity with Heidi	28 10:00 Coffee with Friends 11:00 Fitness with Viv 1:30 Games with Jasmine	29 10:00 Coffee with Friends 1:30 Barb & Kevin Perform
30 10:00 Coffee with Friends 11:15 Seated Tai chi with Viv 2:00 Movie or Mini Series	 <p style="text-align: center;">Tea & Coffee will be set up in the Front Lobby at 2:30 Everyday</p>					

BRAEHAVEN RECREATION CALENDAR 2024

*ALL PROGRAMS SUBJECT TO CHANGE