

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 10:30 Fun and Fitness 12:30 Lunch 1:30 Folk 'n Rock Tunes with Avril & Ron	4 10:30 Guitar with Donna 12:30 Lunch 1:30 Heidi Away/Big Crossword	5 10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai	6
9	10 10:30 Big Screen Concert 12:30 Lunch 1:30 BINGO	11 10:30 Guitar with Donna 12:30 Lunch 1:30 Heidi Away/Word Mining	12 10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai	13
16	17 10:30 Big Screen Concert 12:30 Lunch 1:30 Disco Dance 70's week	18 10:30 Guitar with Donna 12:30 Lunch 1:30 Heidi Away/70's Trivia 70's week	19 10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai 70's week	20
23	24 10:30 Fun and Fitness 12:30 Lunch 1:30 BINGO	25 10:30 Guitar with Donna 12:30 Lunch 1:30 Art with Heidi / Big Crossword	26 10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai	27

