

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks	2 10:30 Music with Kai 1:30 Game Time 3:00 Walks & Talks Labor Day	3 10:30 Fun & Fitness 1:30 Folk 'n Rock Tunes with Avril & Ron 5:45 Twilight Time with Jocelyn	4 10:00 Guitar with Donna 1:30 Heidi Away/ Big Crossword 5:45 Twilight Time with Jocelyn	5 10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn	6 10:30 Science & Outdoors in Nature 1:30-Arm Chair Travel "Borneo" 5:45 Twilight Time with Jocelyn	7 10:30 Big Screen Concert 1:30 Movie Time 3:00 Walks & Talks
8 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks Grandparents Day	9 11:00 Anglican Church Hymn Sing 10:30 Kai-Garden Lane 1:30 Game Time 5:45 Twilight Time with Jocelyn	10 10:30 Fun & Fitness 1:30 BINGO! 5:45 Twilight Time with Jocelyn	11 10:00 Guitar with Donna 1:30 Heidi Away/ Word Mining 5:45 Twilight Time with Jocelyn	12 10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn	13 10:30 Science & Outdoors in Nature 1:30-Trivia/Word Games/ Outdoor Time 3:00 Walks & Talks	14 10:30 Big Screen Concert 1:30 Movie Time 3:00 Walks & Talks
15 10:30 Short Film 1:30 Lift Your Spirits 5:45 Twilight Time with Jocelyn	16 10:30 Music with Kai 1:30 Game Time 70's Style 5:45 Twilight Time with Jocelyn 70's Week	17 10:30 Fun & Fitness 1:30 Disco Dance 5:45 Twilight Time with Jocelyn 70's Week	18 10:00 Guitar with Donna 1:30 Heidi Away/ 70's Trivia 5:45 Twilight Time with Jocelyn 70's Week	19 10:30 Fitness with Viv 1:30 Music with Kai 3:00 Walks and Talks 70's Week	20 10:30 Science & Outdoors in Nature 1:30- 70's Movie 3:00 Walks & Talks 70's Week	21 10:30 Big Screen Concert 1:30 Boredom Busters 5:45 Twilight Time with Jocelyn Oktoberfest Begins
22 10:30 Short Film 1:30 Lift Your Spirits 5:45 Twilight Time with Jocelyn Autumn Begins	23 10:30 Music with Kai 1:30 Game Time 5:45 Twilight Time with Jocelyn	24 10:30 Fun & Fitness 1:30 BINGO! 5:45 Twilight Time with Jocelyn	25 10:00 Guitar with Donna 1:30 Art with Heidi (IVL) Big Crossword 3:00 Walks & Talks	26 10:30 Fitness with Viv 1:30 Music with Kai 2:30 Monthly Birthday cake 3:00 Walks & Talks	27 10:30 Science & Outdoors in Nature 1:30-Music Bingo/ Outdoor Time 5:45 Twilight Time with Jocelyn	28 10:30 Big Screen Concert 1:30 Boredom Busters 5:45 Twilight Time with Jocelyn
29 10:30 Short Film 1:30 Lift Your Spirits 5:45 Twilight Time with Jocelyn	30 10:30 Music with Kai 1:30 Drumming Performance with Nathan 5:45 Twilight Time with Jocelyn Truth & Reconciliation Day	<h1>September 2024</h1>				