



Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="text-align: right;"><b>1</b></p> <p>10:30 Music &amp; Movement 12:30 Lunch 1:30 Music <b>BINGO</b></p>	<p style="text-align: right;"><b>2</b></p> <p>10:00 Guitar with Donna 11:00 Men's Group with Don 12:30 Lunch 1:30 Art with Heidi / Trivia</p>	<p style="text-align: right;"><b>3</b></p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai</p>	<p style="text-align: right;"><b>4</b></p>
<p style="text-align: right;"><b>7</b></p>	<p style="text-align: right;"><b>8</b></p> <p>10:30 Fun &amp; Fitness 12:30 Lunch 1:30 <b>BINGO</b></p>	<p style="text-align: right;"><b>9</b></p> <p>10:00 Guitar with Donna 11:00 Men's Group with Don 12:30 Lunch 1:30 Art with Heidi /Word Mining 2:30 Pumpkin Pie Party</p>	<p style="text-align: right;"><b>10</b></p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai</p>	<p style="text-align: right;"><b>11</b></p>
<p style="text-align: right;"><b>14</b></p>	<p style="text-align: right;"><b>15</b></p> <p>10:30 Baking with Apples 12:30 Lunch 1:30 Music <b>BINGO</b></p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 Guitar with Donna 11:00 Men's Group with Don 12:30 Lunch 1:30 Art with Heidi /Big Crossword</p>	<p style="text-align: right;"><b>17</b></p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai</p>	<p style="text-align: right;"><b>18</b></p>
<p style="text-align: right;"><b>21</b></p>	<p style="text-align: right;"><b>22</b></p> <p>10:30 Fun and Fitness 12:30 Lunch 1:30 <b>BINGO</b></p>	<p style="text-align: right;"><b>23</b></p> <p>10:00 Guitar with Donna 11:00 Men's Group with Don 12:30 Lunch 1:30 Art with Heidi /Word Mining</p>	<p style="text-align: right;"><b>24</b></p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai</p>	<p style="text-align: right;"><b>25</b></p>
<p style="text-align: right;"><b>28</b></p>	<p style="text-align: right;"><b>29</b></p> <p>10:30 Fun and Fitness 12:30 Lunch 1:30 <b>BINGO</b>/ Pumpkin Carving</p>	<p style="text-align: right;"><b>30</b></p> <p>10:30 Guitar with Donna 11:00 Men's Group with Don 12:30 Lunch 1:30 Art with Heidi / Big Crossword</p>	<p style="text-align: right;"><b>31</b></p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music with Kai 2:30 Monthly Birthday Cake</p>	

**\*\*\* All Programs subject to change**