

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2024

		1		2		3		4		5	
		10:30 Music & Movement 1:30 Bingo 3:00 Walks & Talks		10:00 Guitar with Donna 11:00 Men's group with Don (IVL) 1:30 Art with Heidi/ Trivia 3:00 Walks & Talks  <small>Rosh Hashanah Begins</small>		10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn		10:30 Science & Outdoors in Nature 1:30-Game Time 5:45 Twilight Time with Jocelyn		10:30 Big Screen Concert 1:30 Boredom Busters 5:45 Twilight Time with Jocelyn	
6		7		8		9		10		11	
10:30 Short Film 1:30 Lift Your Spirits 5:45 Twilight Time with Jocelyn		10:30 Music with Kai 1:30 Big Crossword/ Patio Time 3:00 Walks & Talks		10:30 Fun & Fitness 1:30 BINGO! 3:00 Walks & Talks		10:00 Guitar with Donna 11:00 Men's group with Don (IVL) 1:30 Art with Heidi/ Word Mining 2:00 Pumpkin Pie Party 5:45 Twilight Time with Jocelyn		10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn		10:30 Science & Outdoors in Nature 1:30-Trivia/Word Mining 5:45 Twilight Time with Jocelyn  <small>Yom Kippur Begins</small>	
13		14		15		16		17		18	
10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks		10:30 Music with Kai 1:30 Thanks Giving Fun 5:45 Twilight Time with Jocelyn  <small>Indigenous Peoples' Day Thanksgiving Day (Canada)</small>		10:30 Reminiscing about baking/Baking 1:30 Music Bingo 5:45 Twilight Time with Jocelyn		10:00 Guitar with Donna 11:00 Men's group with Don (IVL) 1:30 Art with Heidi/ Big Crossword 5:45 Twilight Time with Jocelyn  <small>Sukkot Begins</small>		10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn		10:30 Science & Outdoors in Nature 1:30-Game Time 5:45 Twilight Time with Jocelyn	
20		21		22		23		24		25	
10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks		11:00 Anglican Church Hymn Sing 10:30 Kai-Garden Lane 1:30 Game Time 3:00 Walks & Talks		10:30 Fun & Fitness 1:30 BINGO! 5:45 Twilight Time with Jocelyn		10:00 Guitar with Donna 11:00 Men's group with Don (IVL) 1:30 Art with Heidi (IVL) Word Mining 5:45 Twilight Time with Jocelyn  <small>Simchat Torah Begins</small>		10:30 Fitness with Viv 1:30 Music with Kai 5:45 Twilight Time with Jocelyn/Pumpkin Carving Garden Lane		10:30 Science & Outdoors in Nature 1:30-Outdoor Time 3:00 Walks & Talks	
27		28		29		30		31			
10:30 Short Film 1:30 Lift Your Spirits 5:45 Twilight Time with Jocelyn		10:30 Music with Kai 1:30 Game Time 5:45 Twilight Time with Jocelyn (Residents Council)		10:30 Fun & Fitness 1:30 BINGO!/ Pumpkin Carving 5:45 Twilight Time with Jocelyn		10:00 Guitar with Donna 11:00 Men's group with Don (IVL) 1:30 Art with Heidi (IVL) Big Crossword 5:45 Twilight Time with Jocelyn		10:30 Fitness with Viv 1:30 Music with Kai 2:30 Monthly Birthday cake 3:00 Walks & Talks  <small>Halloween</small>			