

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2:00 Games with Nikki <small>Diwali (Hindu)</small>	2 2:00 BINGO!
3 11:15 Seated Tai chi with Viv <small>Daylight Saving Time Ends</small>	4 1:30 Music with Kai	5 11:00 Fitness with Viv	6 11:00 The Last Intergenerational Mother Goose Program 2:00 BINGO!	7 1:30 Activity with Shirley	8 2:00 Games with Shirley	9 2:00 BINGO!
10 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	11 Let's Remember  1:30 Music with Kai <small>Remembrance Day (Canada)</small>	12 11:00 Fitness with Viv 1:30 Folk 'n Rock Tunes with Avril & Ron	13 2:00 BINGO!	14 1:30 Activity with Jocelyn	15 2:00 Games with Arnica	16 2:00 BINGO!
17 11:15 Seated Tai chi with Viv	18 1:30 Music with Kai	19 11:00 Fitness with Viv	20 2:00 BINGO!	21 1:30 Arm Chair Travel with Susannah "Australia"	22 2:00 Games with Arnica	23 2:00 BINGO!
24 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	25 1:30 Music with Kai	26 11:00 Fitness with Viv 1:30 Folk 'n Rock Tunes with Avril & Ron	27 11:00 Residents Council Meeting 2:00 BINGO!	28 1:00 Monthly Birthday Cake 1:30 Activity with Arnica <small>Thanksgiving Day</small>	29 2:00 Sing a long with The Cast of "Scrooge"	30 2:00 BINGO!

BRAEHAVEN RECREATION CALENDAR 2024

*ALL PROGRAMS SUBJECT TO CHANGE