

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 10:30 Movin' & Groovin" 12:30 Lunch 1:30 Folk n' rock tunes with Ron and Avril	4 10:00 Guitar with Donna 12:30 Lunch 1:30 Creative time/ Trivia	5 10:30 Movin' & Groovin" 12:30 Lunch 1:30 Name that instrument	6
9	10 10:30 Fun & Fitness 12:30 Lunch 2:00 Family Christmas Gathering	11 10:00 Guitar with Donna 12:30 Lunch 1:30 Creative time /Word Mining	12 10:30 Fitness with Viv 12:30 Lunch 1:30 Name that instrument	13
16	17 10:30 Movin' & Groovin" 12:30 Lunch 1:30 Folk n' rock tunes with Ron and Avril	18 10:00 Guitar with Donna 12:30 Lunch 1:30 Creative time /Big Crossword	19 10:30 Fitness with Viv 12:30 Lunch 1:30 Name that instrument	20
23	24 10:30 Big screen movie 12:30 Lunch 1:30 Music Trivia	25 10:30 Big screen Christmas Concert 12:30 Lunch 1:30 Movie " Christmas Carol" ADP CLOSED	26 10:30 Fitness with Viv 12:30 Lunch 1:30 Name that instrument	27
30	31 10:30 Movin' & Groovin" 12:30 Lunch 1:30 Folk n' rock tunes with Ron and Avril			

*** All Programs subject to change