



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1>			1 New Year's Day 2:00 BINGO!	2 1:00 Dec Monthly Birthday Cake 2:00 <u>Activity with Arnica</u>	3 2:00 Games with Arnica	4 2:00 BINGO!
5 11:15 Seated Tai chi with Viv	6 2:00 <u>Music Trivia with Shirley</u>	7 11:00 <u>Fitness with Viv</u> 1:30 <u>Folk 'n Rock Tunes with Avril & Ron</u>	8 2:00 BINGO!	9 2:00 <u>Activity with Arnica</u>	10 2:00 Games with Shirley	11 2:00 BINGO!
12 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	13 2:00 <u>Music Trivia Shirley</u>	14 11:00 <u>Fitness with Viv</u>	15 2:00 BINGO!	16 2:00 <u>Activity with Shirley</u>	17 2:00 Games with Shirley	18 2:00 BINGO!
19 11:15 Seated Tai chi with Viv Activity Professionals Week	20 1:30 <u>Arm Chair Travel "Sri Lanka"</u> Martin Luther King Jr. Day	21 11:00 <u>Fitness with Viv</u> 1:30 <u>Folk 'n Rock Tunes with Avril & Ron</u>	22 2:00 BINGO!	23 2:00 <u>Activity with Shirley</u>	24 2:00 Games with Shirley	25 2:00 BINGO!
26 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria" Australia Day (Observed)	27 11:00 Residents Council Meeting 2:00 <u>Music Trivia with Arnica</u>	28 11:00 <u>Fitness with Viv</u>	29 12:30 Chinese New Years Luncheon 2:00 BINGO! Chinese New Year (Year of the Snake)	30 1:00 Monthly Birthday Cake 1:30 <u>Activity with Susannah</u>	31 1:30 Games with Nikki	

BRAEHAVEN RECREATION CALENDAR

*ALL PROGRAMS SUBJECT TO CHANGE