

Monday

Tuesday

Wednesday

Thursday

Friday

February 2025

<p>3</p>	<p>4</p> <p>10:30 Movin' & Groovin" 12:30 Lunch 1:30 Bingo</p>	<p>5</p> <p>10:00 Guitar with Donna 12:30 Lunch 1:30 Art with Josi/ Trivia</p>	<p>6</p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers</p>	<p>7</p>
<p>10</p>	<p>11</p> <p>10:30 Fun & Fitness 12:30 Lunch 1:30 <u>Tunes with Avril & Ron & Terry</u></p>	<p>12</p> <p>10:00 Guitar with Donna 11:00 Valentine Baking 12:30 Lunch 1:30 Art with Josi/Word Mining</p>	<p>13</p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers</p>	<p>14</p>
<p>17</p>	<p>18</p> <p>10:30 Movin' & Groovin" 12:30 Lunch 1:30 Bingo</p>	<p>19</p> <p>10:00 Guitar with Donna 12:30 Lunch 1:30 Art with Josi /Big Crossword</p>	<p>20</p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers</p>	<p>21</p>
<p>24</p>	<p>25</p> <p>10:30 Fun and Fitness/ Baking cookies 12:30 Lunch 1:30 <u>Tunes with Avril & Ron & Terry</u></p>	<p>26</p> <p>10:00 Guitar with Donna 12:30 Lunch 1:30 Art with Josi/ Trivia</p>	<p>27</p> <p>10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers</p>	<p>28</p>

*** All Programs subject to change