

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025



						1 2:00 BINGO!
2 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria" <small>Groundhog Day</small>	3 2:00 Music Trivia with Shirley	4 11:00 Fitness with Viv 1:30 Tunes with Avril & Ron & Terry	5 10:45 Men's group with Don (2nd floor lounge) 2:00 BINGO!	6 2:00 Activity with Josi	7 2:00 Games with Arnica	8 2:00 BINGO!
9 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	10 2:00 Music Trivia with Shirley	11 11:00 Fitness with Viv 2:00 Music & High Tea	12 10:45 Men's group with Don (2nd floor lounge) 2:00 BINGO	13 2:00 Activity with Josi	14 12:30 Special Chinese Luncheon 2:00 Games with Arnica <small>Happy Valentine's Day</small>	15 2:00 BINGO!
16 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	17 2:00 Music Trivia with Shirley <small>Presidents' Day (U.S.)</small>	18 11:00 Fitness with Viv 1:30 Tunes with Avril & Ron & Terry	19 10:45 Men's group with Don (2nd floor lounge) 2:00 BINGO!	20 2:00 Activity with Josi	21 2:00 Games with Shirley	22 2:00 BINGO!
23 11:15 Seated Tai chi with Viv 2:00 Mini Series "Victoria"	24 11:00 Residents Council Meeting 2:00 Music Trivia with Shirley	25 11:00 Fitness with Viv	26 10:45 Men's group with Don (2nd floor lounge) 1:30 Arm Chair Travel "Aletha's Travels"	27 1:00 Monthly Birthday Cake 2:00 Activity with Josi	28 2:00 Games with Shirley <small>Ramadan Begins</small>	