

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-family: cursive;">March 2025</h1>						1
2 11:15 Seated Tai chi with Viv 2:00 Movie	3 <u>3:00 Music Trivia with Arnica</u> John away	4 11:00 <u>Fitness with Viv</u> 1:30 <u>Tunes with Avril, Ron & Terry</u>	5 2:00 BINGO! <small>Mardi Gras</small>	6 2:00 <u>Activity with Shirley</u>	7 2:00 Games with Shirley	8 2:00 BINGO!
9 11:15 Seated Tai chi with Viv 2:00 Movie <small>Daylight Saving Time Begins</small>	10 <u>3:00 Music with John</u>	11 11:00 <u>Fitness with Viv</u>	12 2:00 BINGO!	13 2:00 <u>Activity with Shirley</u> <small>Purim Begins</small>	14 2:00 Games with Shirley	15 2:00 BINGO!
16 11:15 Seated Tai chi with Viv 2:00 Movie	17 <u>3:00 Music with John</u> <small>Wear Green for St. Patrick's Day!</small> <small>St. Patrick's Day</small>	18 11:00 <u>Fitness with Viv</u> 1:30 <u>Tunes with Avril, Ron & Terry</u>	19 2:00 BINGO!	20 2:00 <u>Activity with Shirley</u> <small>Spring Begins</small>	21 2:00 Games with Arnica	22 2:00 BINGO!
23 11:15 Seated Tai chi with Viv 2:00 Movie	24 <u>3:00 Music with John</u>	25 11:00 <u>Fitness with Viv</u>	26 2:00 BINGO!	27 1:00 Monthly Birthday Cake 1:30 Hula Dancers Perform at Gwds	28 1:30 Arm Chair Travel "Barbados"	29 2:00 BINGO!
30 11:15 Seated Tai chi with Viv 2:00 Movie	31 11:00 Residents Council Meeting <u>3:00 Music with John</u>					

BRAEHAVEN RECREATION CALENDAR

*ALL PROGRAMS SUBJECT TO CHANGE