

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2025</h1>					1 <u>11:00 Tai chi/Fitness Combo with Viv</u>	2 6:00 Movie
3 Happy Sunday! 	4 <u>3:00 Music with John</u>	5 <u>11:00 Fitness with Viv</u> <u>1:30 Tunes with Avril, Ron &amp; Terry</u>	6 10:30 Group Circle with Don 1:30 <b>BINGO</b> with Joan	7 1:30 Art with Barbara	8 <u>11:00 Tai chi/Fitness Combo with Viv</u>	9 6:00 Movie
10 Happy Sunday! 	11 <u>3:00 Music with John</u>	12 <u>11:00 Fitness with Viv</u>	13 10:30 Group Circle with Don 1:30 <b>BINGO</b> with Joan 2:30 Ice Cream Cones!	14 1:30 Irving Plays the Cello (Gwds main Lounge)	15 <u>11:00 Tai chi/Fitness Combo with Viv</u>	16 6:00 Movie
17 Happy Sunday! 	18 <u>3:00 Music with John</u>	19 <u>11:00 Fitness with Viv</u> <u>1:30 Tunes with Avril, Ron &amp; Terry</u>	20 10:30 Group Circle with Don 1:30 <b>BINGO</b> with Joan	21 1:30 Art with Barbara	22 <u>11:00 Tai chi/Fitness Combo with Viv</u>	23 6:00 Movie
24 Happy Sunday! 	25 2:30 Ice Cream Cones! <u>3:00 Music with John</u>	26 <u>11:00 Fitness with Viv</u>	27 10:30 Group Circle with Don 1:30 <b>BINGO</b> with Joan	28 1:00 Monthly Birthday Cake 1:30 Arm Chair Travel "Channel Islands" 3:00 "Happy Hour"	29 <u>11:00 Tai chi/Fitness Combo with Viv</u> 1:30 Residents Council	30 6:00 Movie
31 Happy Sunday! 	 <h2>August 2025</h2>					