

Monday

Tuesday

Wednesday

Thursday

Friday

October 2025

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		1 10:00 Guitar with Donna 12:30 Lunch 1:30 Trivia	2 10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	3
6	7 10:30 Movin' & Groovin" 12:30 Lunch 1:30 <u>Tunes with Avril, Ron & Terry</u>	8 10:00 Guitar with Donna 12:30 Lunch 1:30 Big crossword	9 10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	10
13	14 10:30 Movin' and Groovin" 12:30 Lunch 1:30 BINGO!	15 10:00 Guitar with Donna 12:30 Lunch 1:30 Music Trivia	16 10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	17
20	21 10:30 Movin' & Groovin" 12:30 Lunch 1:30 <u>Tunes with Avril, Ron & Terry</u>	22 10:00 Guitar with Donna 12:30 Lunch 1:30 K-Tones Perform Halloween Tunes	23 10:30 Fitness with Viv 12:30 Lunch 1:30 Music and Pumpkin Pie Party	24
27	28 10:30 Movin' & Groovin" 12:30 Lunch 1:30 BINGO!	29 10:00 Guitar with Donna 12:30 Lunch 1:30 Big crossword/Pumpkin Carving	30 10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers 2:30 Monthly Birthday Cake	31

*** All Programs subject to change