

Monday

Tuesday

Wednesday

Thursday

Friday

February 2026

February 2026



2	10:30 Movin' & Groovin" 12:30 Lunch 1:30 BINGO!	3	10:00 Guitar with Donna 12:30 Lunch 1:30 Trivia	4	10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	5		6
9	10:30 Movin' and Groovin" 12:30 Lunch <u>1:30 Tunes with Avril, & Friends</u>	10	10:00 Guitar with Donna 12:30 Lunch 1:30 Big crossword	11	10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	12		13
16	10:30 Movin' & Groovin" 12:30 Lunch 1:30 BINGO!	17	10:00 Guitar with Donna 12:30 Lunch 1:30 Music Trivia	18	10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	19		20
23	10:30 Movin' & Groovin" 12:30 Lunch <u>1:30 Tunes with Avril & Friends</u>	24	10:30 Guitar with Donna 12:30 Lunch 1:30 Trivia	25	10:30 Fitness with Viv 12:30 Lunch 1:30 Music and music makers	26		27