

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

1 2:00-4:00 Game Time!	2 3:00 Music with John Groundhog Day	3 11:00 Fitness with Viv <u>1:30 Tunes with Avril & Friends</u>	4 1:30 BINGO with Joan	5 1:30 Art with Willow	6 <u>11:00 Tai chi/Fitness Combo with Viv</u>	7 6:00 Movie
8 2:00-4:00 Game Time!	9 3:00 Music with John	10 11:00 Fitness with Viv	11 1:30 BINGO with Joan	12 1:30 Art with Willow	13 <u>11:00 Tai chi/Fitness Combo with Viv</u> <u>12:30 Breakfast For Lunch</u>	14 6:00 Movie Valentine's Day
15 2:00-4:00 Game Time!	16 3:00 Music with John	17 11:00 Fitness with Viv <u>1:30 Tunes with Avril & Friends</u> <small>Chinese New Year (Year of the Horse)</small>	18 1:30 BINGO with Joan	19 1:30 Art with Willow	20 <u>11:00 Tai chi/Fitness Combo with Viv</u>	21 6:00 Movie
22 2:00-4:00 Game Time!	23 3:00 Music with John	24 11:00 Fitness with Viv	25 11:00 Residents Council Meeting 1:30 BINGO with Joan	26 1:00 Monthly Birthday Cake 1:30 Arm Chair Travel "Portugal" & Happy Hour	27 <u>11:00 Tai chi/Fitness Combo with Viv</u>	28 6:00 Movie