

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 No Activities	2 10:30 Jammin with John 1:30 Happy Ground Hog Day /Trivia 3:00 Walks & Talks <small>Purim Begins</small>	3 10:30 Movin' & Groovin' 1:30 BINGO! 3:00 Walks & Talks	4 10:00 Guitar with Donna 1:30 Trivia 3:00 Walks & Talks	5 10:30 Fitness with Viv 1:30 Music & Music Makers 3:00 Walks & Talks	6 10:30 Nature Program 1:30- 3:30 Adopt - A - Senior Program	7 No Activities	
8 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks <small>Daylight Saving Time Begins</small>	9 10:30 Jammin with John (Garden Lane) 11:00 Hymn Sing 1:30 Fun and Games 3:00 Walks & Talks	10 10:30 Movin' & Groovin' 1:30 Tunes with Avril & Friends 3:00 Walks & Talks	11 10:00 Guitar with Donna 1:30 Big Crossword 3:00 Walks & Talks	12 10:30 Fitness with Viv 1:30 K-Tones Perform 3:00 Walks & Talks	13 10:30 Nature Program 1:30- 3:30 Adopt - A - Senior Program	14 10:30 Morning Discussion 1:30 Boredom Busters	
15 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks	16 10:30 Jammin with John 1:30 Fun and Games 3:00 Walks & Talks	17 10:30 Movin' & Groovin' 1:30 BINGO in the Green 3:00 Walks & Talks <small>St. Patrick's Day</small>	18 10:00 Guitar with Donna 1:30 Music Trivia 3:00 Walks & Talks	19 10:30 Fitness with Viv 1:30 Music & Music Makers 3:00 Walks & Talks	20 10:30 Scenic Drive 1:30- Fun and Games 3:00 Walks & Talks <small>Spring Begins</small>	21 10:30 Morning Discussion 1:30 Boredom Busters	
22 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks	23 10:30 Jammin with John 1:30 Fun and Games 3:00 Walks & Talks	24 10:30 Movin' & Groovin' 1:30 Tunes with Avril & Friends 3:00 Walks & Talks	25 10:30 Guitar with Donna 1:30 High Tea for Spring 3:00 Walks & Talks	26 10:30 Fitness with Viv 1:30 Music & Music Makers 2:30 Monthly Birthday Cake	27 10:30 Nature Program 1:30- Fun and Games 3:00 Walks & Talks	28 10:30 Morning Discussion 1:30 Boredom Busters	
29 10:30 Short Film 1:30 Lift Your Spirits 3:00 Walks & Talks <small>Palm Sunday</small>	30 10:30 Jammin with John 1:30 Old Time TV show 3:00 Walks & Talks	31 10:30 Movin' & Groovin' 1:30 BINGO! 3:00 Walks & Talks	Monthly Programs Special Events/New programs Volunteer Performances				

March 2026