

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive; color: green;">May 2026</h1>					1 11:00 Tai chi/Fitness Combo with Viv <small>May Day</small>	2 6:00 Movie
3 2:00-4:00 Game Time!	4 11:00 Choose to Move Program 3:00 Music with John	5 11:00 Fitness with Viv <small>Cinco de Mayo</small>	6 11:00 Intergenerational Mother Goose Program 1:30 BINGO with Joan	7 2:30 Mother's Day Tea	8 11:00 Tai chi/Fitness Combo with Viv	9 6:00 Movie
10 2:00-4:00 Game Time! <small>Mother's Day</small>	11 11:00 Choose to Move Program 3:00 Music with John	12 11:00 Fitness with Viv 1:30 Tunes with Avril & Friends	13 11:00 Intergenerational Mother Goose Program 1:30 BINGO with Joan	14 10:30 Scenic Drive 1:30 Creative Time with Jocelyn	15 11:00 Tai chi/Fitness Combo with Viv	16 1:30 Arm Chair Travel "Switzerland" & Happy Hour 6:00 Movie
17 2:00-4:00 Game Time!	18 3:00 Music with John <small>Victoria Day (Canada)</small>	19 11:00 Fitness with Viv	20 11:00 Intergenerational Mother Goose Program 1:30 BINGO with Joan	21 11:15 Residents Council Meeting 1:30 Creative Time with Jocelyn <small>Shavuot Begins</small>	22 11:00 Tai chi/Fitness Combo with Viv	23 11:00 Spiritual walk for Peace and Healing 6:00 Movie
24 2:00-4:00 Game Time!	25 3:00 Music with John	26 11:00 Fitness with Viv 1:30 Tunes with Avril & Friends	27 1:30 BINGO with Joan	28 10:30 Scenic Drive 1:00 Monthly Birthday Cake 1:30 Creative Time with Jocelyn	29 11:00 Tai chi/Fitness Combo with Viv	30 6:00 Movie
31 2:00-4:00 Game Time!						

BRAEHAVEN RECREATION CALENDAR 2026

*ALL PROGRAMS SUBJECT TO CHANGE