

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 10:30 Movin' & Groovin 12:30 Lunch 1:30 BINGO	5 10:00 Guitar with Donna 12:30 Lunch 1:00 After Lunch Walk Outside 1:30 Trivia	6 10:30 Fitness with Viv 12:30 Lunch/Walk Outside 2:00 "Sidewalk Cellist Duo" Perform	7
10	11 10:30 Movin' and Groovin" 12:30 Lunch 1:30 <u>Tunes with Avril, & Friends</u>	12 10:00 Guitar with Donna 12:30 Lunch 1:00 After Lunch Walk Outside 1:30 Big crossword 2:00 Ice cream Garden Party!	13 10:30 Fitness with Viv 12:30 Lunch/Walk Outside 1:30 Music and music makers	14
17	18 10:30 Movin' & Groovin" 12:30 Lunch & Walk Outside 1:30 BINGO!	19 10:00 Guitar with Donna 12:30 Lunch/Walk Outside 1:30 Music Trivia	20 10:30 Fitness with Viv 12:30 Lunch/Walk Outside 1:30 Music and music makers	21
24	25 10:30 Movin' & Groovin" 12:30 Lunch 1:30 <u>Tunes with Avril, & Friends</u>	26 10:00 Guitar with Donna 12:30 Lunch/Walk Outside 1:30 Trivia 2:00 Ice Cream Garden Party!	27 10:30 Fitness with Viv 12:30 Lunch/Walk Outside 1:30 Music and music makers	28
31	August 2026 			