

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2026



						1 10:30 Morning Discussion 1:30 Boredom Busters 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley
2 10:30 Fitness with Viv 1:30 Lift Your Spirits 3:00 Walks,Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	3 10:30 Jammin with John 1:30 Happy BC Day! Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	4 10:30 Movin' & Groovin' 1:30 BINGO! 3:00 Walks,Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	5 10:00 Guitar with Donna 1:30 Trivia <u>1:30 Scenic Drive</u> 2:30 Busy Hands (GL) 3:00 Creative Time with Jocelyn	6 10:30 Fitness with Viv <u>2:00 "Sidewalk Cellist Duo" Perform</u> 3:00 Walks & Talks/ Busy Hands (GL)	7 10:30 Nature Program 1:30- Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	8 10:30 Morning Discussion 1:30 Boredom Busters 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley
9 10:30 Fitness with Viv 1:30 Lift your Spirit 3:00 Walks,Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	10 10:30 Jammin with John (GL) <u>1:00 Hymn Sing</u> 1:30 Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	11 10:30 Movin & Groovin 1:30 <u>Tunes with Avril & Friends</u> 3:00 Walks,Talks/ Busy Hands (GL)	12 10:00 Guitar with Donna <u>2:00 Ice Cream Garden Party!</u> 2:30 Busy Hands (GL) 3:00 Creative Time with Jocelyn	13 10:30 Fitness with Viv 1:30 Music and Music Makers 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	14 10:30 Sue on Science 1:30- Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	15 1:30 Boredom Busters 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley
16 10:30 Fitness with Viv 1:30 Lift Your Spirits 3:00 Walks,Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	17 10:30 Jammin with John 1:30 Fun & Games 3:00 Walks & Talks/ Busy Hands (GL)	18 10:30 Movin' & Groovin' 1:30 BINGO! 3:00 Walks & Talks/ Busy Hands (GL)	19 10:00 Guitar with Donna 1:30 Music Trivia/ <u>Scenic Drive</u> 2:30 Busy Hands/ 3:00 Creative Time with Jocelyn 5:45 Twilight Time with Shirley	20 10:30 Fitness with Viv 1:30 Music and Music Makers 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	21 10:30 Nature Program 1:30- Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	22 1:30 Boredom Busters 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley
23 10:30 Fitness with Viv 1:30 Lift Your Spirits 3:00 Walks,Talks/ Busy Hands (GL)	24 10:30 Jammin with John 1:30 Fun and Games 3:00 Walks & Talks/ Busy Hands (GL)	25 10:30 Movin' & Groovin' 1:30 <u>Tunes with Avril & Friends</u> 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	26 10:00 Guitar with Donna <u>2:00 Ice cream Garden Party!</u> 2:30 Busy Hands (GL) 3:00 Creative Time with Jocelyn 5:45 Twilight Time with Shirley	27 10:30 Fitness with Viv 1:30 Music and Music Makers 2:30 Monthly Birthday cake 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	28 10:30 Nature Program 1:30- Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley <u>(Residents Council)</u>	29 10:30 Morning Discussion 1:30 Boredom Busters 3:00 Walks & Talks/ Busy Hands (GL)
30 10:30 Fitness with Viv 1:30 Lift Your Spirits 3:00 Walks,Talks/ Busy Hands (GL)	31 10:30 Jammin with John 1:30 Fun and Games 3:00 Walks & Talks/ Busy Hands (GL) 5:45 Twilight Time with Shirley	Outdoors as much as possible weather permitting Special Event Monthly Program				